If I Needed You (P) (en) for 2 (P) (en)

Choreographed by Suzanne Laverdière (CAN) & Marc Laliberté (CAN) - October 2025

Description 36 count partner dance. Start in closed western position, (Gent facing OLOD, Lady ILOD). Steps are opposite unless otherwise stated. Intro 18 counts.

Music If I Needed You (feat. Anna Wood) – Steven Wood

[1–8] Gent: Syncopated Rumba Box Fwd, Shuffle ¼ Turn R, Mambo ¼ Turn L
Lady: Syncopated Rumba Box Back, Shuffle ¼ Turn L, Mambo ¼ Turn R

1&2 **Gent:** RT to right – LT beside RT – RT forward
Lady: LT to left – RT beside LT – LT back
3&4 **Gent:** LT to left – RT beside LT – LT back
Lady: RT to right – LT beside RT – RT forward

5&6 **Gent:** Shuffle RT–LT–RT turning ¼ right (RLOD)
Lady: Shuffle LT–RT–LT turning ¼ left (RLOD)
Position: Left Open Promenade facing RLOD

7&8 **Gent:** Rock LT forward – Recover RT – ¼ turn left, LT to left (OLOD)
Lady: Rock RT forward – Recover LT – ¼ turn right, RT to right (ILOD)
On count 8, take Open Double Hand Hold, Gent facing OLOD, Lady facing ILOD

[9–16] Gent: Shuffle ¼ Turn L, Shuffle Fwd, Pinwheel Shuffle ½ Turn R, Shuffle ½ Turn R
Lady: Shuffle ¾ Turn R, Shuffle Back, Pinwheel Shuffle ½ Turn R, Shuffle ½ Turn L

1&2 **Gent:** Shuffle RT–LT–RT turning ¼ left (LOD)
Lady: Shuffle LT–RT–LT turning ¾ right (RLOD) Gent lifts left hand, Lady turns underneath
Position: Hammerlock — Gent facing LOD, Lady facing RLOD

3&4 **Gent:** Shuffle LT–RT–LT forward (LOD)
Lady: Shuffle RT–LT–RT back (RLOD)

5&6 **Gent:** Shuffle RT–LT–RT turning ½ right (RLOD)
Lady: Shuffle LT–RT–LT turning ½ right (LOD) Both turn together in a **Pinwheel**

7&8 **Gent:** Shuffle LT–RT–LT turning ½ right (LOD)
Lady: Shuffle RT–LT–RT turning ½ left (RLOD)
On 7, Gent lifts left hand, Lady turns underneath
On 8, return to Closed Western, Gent facing LOD, Lady facing RLOD

[17–18] Gent: Syncopated Rocking Chair
Lady: Syncopated Reverse Rocking Chair

1&2& **Gent:** RT forward – Recover LT – RT back – Recover LT
Lady: LT back – Recover RT – LT forward – Recover RT

[19–26] Gent: Shuffle Fwd ×2, Side–Touch ×2, Coaster Step
Lady: Shuffle Back ×2, Side–Touch ×2, Coaster Step

1&2 **Gent:** Shuffle RT–LT–RT forward
Lady: Shuffle LT–RT–LT back

3&4 **Gent:** Shuffle LT–RT–LT forward
Lady: Shuffle RT–LT–RT back

5&6& **Gent:** RT to right – Touch LT beside RT – LT to left – Touch RT beside LT
Lady: LT to left – Touch RT beside LT – RT to right – Touch LT beside RT

7&8 **Gent:** RT back – LT beside RT – RT forward
Lady: LT back – RT beside LT – LT forward
Take Open Double Hand Hold, right shoulder to right shoulder, Gent facing LOD, Lady facing RLOD

[27–34] Gent: Step–Pivot ½ R–Step, Step–Pivot ½ L–Step, Step–Pivot ¼ R–Together, Large Side, Stomp
Lady: Step–Pivot ½ L–Step, Step–Pivot ½ R–Step, Step–Pivot ¾ L–Together, Large Side, Stomp

1&2 **Gent:** LT forward – Pivot ½ right – LT forward (RLOD)
Lady: RT forward – Pivot ½ left – RT forward (LOD)
On 1, Gent releases left hand, lifts right hand, Lady turns underneath
On 2, take Open Double Hand Hold, left shoulder to left shoulder

3&4 **Gent:** RT forward – Pivot ½ left – RT forward (LOD)
Lady: LT forward – Pivot ½ right – LT forward (RLOD)
On 3, Gent releases right hand, lifts left hand, Lady turns underneath
On 4, take Open Double Hand Hold, right shoulder to right shoulder

5&6 **Gent:** LT forward – Pivot ¼ right – LT beside RT (OLOD)
Lady: RT forward – Pivot ¾ left – RT beside LT (ILOD) On 5, Gent releases left hand, lifts right hand, Lady turns underneath
On 6, return to Open Double Hand Hold, Gent facing OLOD, Lady facing ILOD

7–8 **Gent:** RT large step to right – Stomp LT beside RT
Lady: LT large step to left – Stomp RT beside LT
On 8, return to Closed Western, Gent facing OLOD, Lady facing ILOD

[34–36] Gent: Syncopated Rocking Chair
Lady: Syncopated Reverse Rocking Chair

1&2& **Gent:** RT forward – Recover LT – RT back – Recover LT
Lady: LT back – Recover RT – LT forward – Recover RT

Start again…
Happy dancing!
Suzanne & Marc 💕