Sweet Delights

Choreographed by Dan Albro (2010)
Description: 32 Count, Beginner/Intermediate Partner Dance
Single hand hold Facing FLOD, Ladies outside, men inside.
Mans footwork described, opposite footwork for ladies except where noted
Music: Sweet Delight by: Dan Albro (available on: itunes, rhapsody, etc)
40 Count intro. Start with vocals

1-8 STEP ¼, TOUCH, STEP ¼, TOUCH, LADIES FULL TURN, MAN ½, TOUCH
1-2 Turn ¼ right stepping fwd R to face lady, touch L toe next to R
3-4 Turn ¼ left stepping side L, touch R toe next to L
5-8 Turn ½ right in place stepping R, L, R, touch L next to R now facing BLO D
Lady: Ladies full turn travels behind the man.
5-6 Turn ¼ left stepping fwd L, turn ½ left stepping back R
7-8 Turn ¼ left stepping side L, touch R next to L now facing FLOD
Hands On count 2 touch ladies right hand. Release ladies left hand on count 5. On Count 8 pick-up ladies right hand in mans left & place mans right hand on ladies shoulder blade (closed social position)

9-16 RUMBA BOX (man facing BLOD, ladies facing FLOD)
1-4 Step side L, step R next to L, step fwd L, touch R next to L
5-8 Step side R, step L next to R, step back on R, touch L next to R

17-24 MAN HALF TURN, 2 SHUFFLES / LADIES FULL TURN, 2 SHUFFLES
1-4 T urn ½ left in place stepping L, R, L, brush R now facing FLOD
1-2 **Lady**: Going under mans left arm turn ¼ right stepping fwd R, turn ½ right stepping back L
3-4 Turn ¼ right stepping fwd R, brush L fwd now facing FLOD
Hands Man leads lady under his left arm on counts 1,2.
On count 3 pick-up ladies left hand in mans right and release ladies right hand.
5&6, Step fwd R, step L next to R, step fwd R,
7&8 Step fwd L, step R next to L, step fwd L

25-32 STEP, PIVOT, STEP, PIVOT, STEP, KICK, STEP, TOUCH
1-4 Step fwd R, pivot ½ turn left weight on L, step fwd R, pivot ½ turn left weight on L
5-8 Step fwd R, kick L fwd, step side L, touch R toe next to L
Repeat

Every effort has been made to make sure these dance sheets are accurate. Please let us know if there are any errors or omissions email: info@jbwesterndance.co.uk .