

Sing Me Back Home



Choreographer: Tilly Benraadt
Description: 32 Count Partner Dance
Music: Sing Me Back Home by Billy Ray Cyrus (Trail of Tears) 110 bpm

Gent

Right Heel, Hook, Shuffle Forward - Left Heel, Hook, Shuffle Forward

1-4 RT touch heel, RT Hook to Left Knee, RT Step fwd, & LT step together, RT Step fwd
5-8 LT touch heel, LT Hook to Right Knee, LT Step fwd, & RT step together, LT Step fwd

Rock Forward, Recover, Shuffle Back - Rock Back, Recover, Shuffle Forward

Maintain Hand hold. Right Palm to Palm, Keep Left hand low

1-4 RT Rock forward, LT recover, RT Shuffle backward

Maintain Hand hold. Return to Sweetheart hands

5-8 LT Rock back, RT recover, LT Shuffle forward

Straight Vine Right, Touch Left – Vine Left, Touch Right

1-4 RT step to right side, LT Step behind right, RT step to right side, LT Touch toe next to right
Release left hand, Raise right hand for lady to turn under

5-8 LT step Left side, RT Step right behind left, LT step Left side, RT Touch toe next to left

Rocking chair – 2 x Shuffle Forward

Release Left hand

1-4 RT Step forward, LT recover, RT step back, LT recover

Raise Right hand for Lady to turn

5-8 RT Shuffle forward, LT Shuffle forward

#Begin again

Lady

Right Heel, Hook, Shuffle Forward - Left Heel, Hook, Shuffle Forward

1-4 RT touch heel, RT Hook to Left Knee, RT Step fwd, & LT step together, RT Step fwd
5-8 LT touch heel, LT Hook to Right Knee, LT Step fwd, & RT step together, LT Step fwd

Pivot turn Left, Shuffle Forward, Pivot turn Right, Shuffle Forward

Maintain Hand hold. Right Palm to Palm, Keep Left hand low

1-4 RT Step fwd, Pivot ½ Turn left, RT Shuffle forward

Maintain Hand hold. Return to Sweetheart hands

5-8 LT Step fwd, Pivot ½ Turn right, LT Shuffle forward

Straight Vine Right, Left Touch – Rolling Vine Left, Right Touch

1-4 RT step right side, LT Step left behind right, RT step right side, LT Touch toe RT
Release left hand, Raise right hand turn under mans arm

5-8 LT ¼ Left, Step RT ½ left, step LT ¼ left, on Touch right toe next to LT

2 x Pivot turns Left, 2 x Shuffle Forward

Release left hand raise Right

1-4 RT Step forward ½ Turn left, RT Step forward ½ Turn left

Keep Right hand raised

5-8 RT Shuffle forward, LT Shuffle forward

#Begin again