

# C.R.S.(Cowboy Rhythm Strong)



**Choreographed by** Dan Albro (Especially for: “Dans le Cadre des 12 Heures”, Au HonkyTonk le 31 janvier 2015(1/31/2015)

**Description** 32 Count, Beginner/Intermediate Partner Pattern Dance.

**Music** \*I Can Drink to That All Night by: Jerrod Niemann (116bpm)

Sweet Little Something by: Jason Aldean (119 bpm)

Riverbank by: Brad Paisley (117 bpm)

Unchain My Heart by: Joe Cocker (117 bpm)

**Start:** Side by side, facing FLOD, Like footwork except where noted.

**Intro:** 32 count intro, start with vocals

## 1-8 CHANGE SIDES, COASTER STEP, CHANGE SIDES, COAST STEP

1,2 lady Step R over L step in front of man, turn ¼ right stepping back L(OLOD)  
3&4,5 Step back R, step L next to R, step fwd R, step fwd L  
6,7&8 Turn ½ left stepping back R (ILOD), step back L, step R next to L, step fwd L  
1,2 man Step side R, *left hands over ladies head* turning ¼ left stepping back L (ILOD)  
3&4,5 Step back R, step L next to R, step fwd R, *left hands over ladies head* turning ¼ right stepping side L  
6 *Right hands over ladies head* turn ¼ right stepping back R (OLOD)  
7&8 Step back L, step R next to L, step fwd L

## 9-16 KICK BALL CHANGE, KICK BALL CHANGE, ½ TURN SHUFFLE, SHUFFLE SIDE

1&2 *Release left hands* kick R angle fwd left, step back on ball of R, replace weight fwd L  
3&4 Kick R angle fwd left, step back on ball of R, replace weight fwd L  
5&6 *Release right hands* turning ¼ left stepping side R, step L next to R, turn ¼ left stepping back R  
7&8 Step side L, step R next to L, step side L *picking up right hands*

## 17-24 KICK BALL CHANGE, KICK BALL CHANGE\*, TURNING SHUFFLES INTO SIDE BY SIDE POSITION

1&2 both Kick R angle fwd left, step back on ball of R, replace weight fwd L  
3&4 Kick R angle fwd left, step back on ball of R, replace weight fwd L\*  
5&6 lady Turn ¼ left stepping side R, step L next to R, turn ¼ left stepping back R  
7&8 Turn ¼ left stepping side L, turn ¼ left stepping R next to L, turn ¼ left stepping fwd L(FLOD)  
5&6 man *Release right hands* turning ¼ left stepping side R, step L next to R, step back on R  
7&8 Turn ¼ left stepping side L, step R next to L, *pick up both hands* turning ¼ left stepping fwd L(FLOD)

## 25-32 both STEP, LOCK, SHUFFLE FWD, STEP, LOCK, SHUFFLE FWD

1,2,3&4 Step fwd R, step lock L behind R, step fwd R, step L next to R, step fwd R  
5,6,7&8 Step fwd L, step lock R behind L, step fwd L, step R next to L, step fwd L

Repeat

\*Tag: Once, When dancing to “I Can Drink to that all Night” **ADD** an additional **kick ball change** to the 3<sup>rd</sup> eight count on the second time through the pattern.