

# Afraid

Choreographed by Hazel Pace

Description 48 count, beginner/intermediate stroll partner dance  
Music Music: Afraid by John McCain & Last of the Breed [136 bpm]



Right Reverse Cross Skaters (LOD, Lady On man's right, arms crossed behind backs, right hand on lady's right hip, left hand on man's left hip.) **Lady's steps given.** Man opposite footwork. Start dance on lyrics.

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## STEP LOCK, STEP HOLD, STEP LOCK, STEP HOLD

1-2 Step right forward, step left together  
3-4 Step right forward, brush left forward  
5-6 Step left forward, step right together  
7-8 Step left forward, brush right forward

## SIDE TOGETHER, SIDE TOUCH, SIDE CROSS ¼ TURN HOLD, ROCK RECOVER, HOLD, STEP

Hold inside hands as you part, until the lady starts to pass in front. Man takes lady's right hand in his left, going over lady's head as you turn

1-2 Step right to side, step left together  
3-4 Step right to side, touch left together  
Pull apart on count 4. Don't let go  
5-6 Step left to side, cross right over left. (passing in front of man)  
7-8 Turn ¼ right and step back on left, hold  
9-10 Rock right back, recover to left  
11-12 Step right forward, hold.(now facing in ballroom hold)

### MAN'S STEPS 5-12:

5-6 Step right to side, cross left behind right  
7-8 Turn ¼ left and step back on right. Hold  
9-10 Rock left back, recover to right  
11-12 Step left forward, hold

## MAMBO STEP FORWARD, MAMBO STEP BACK,

1-4 Rock left forward, recover to right, step left back, hold  
5-8 Rock right back, recover to left, step right forward, hold

### MAN'S STEPS 21-28:

1-4 Rock right back, recover to left, step right forward, hold  
5-8 Rock left forward, recover to right, step left forward, hold

## STEP ROCK TOUCH X 4, TURNING ON THE SPOT TO THE RIGHT

### LADY

1-2 Step left to side rocking to left, touch right together  
3-4 Step right to side rocking to right, touch left together  
5-8 Repeat 1-4. Man's opposite footwork. (still in ballroom)  
As you step touch make ½ turn to the right. Finish with lady facing ILOD, man facing OLOD

## SIDE TOGETHER, SIDE HOLD, ROCK ¼ RIGHT, HOLD, FULL TURN RIGHT

Man's mirror image. Man's turns are left  
1-2 Step left to side, step right together  
3-4 Step left to side, hold  
5-6 Turn ¼ right and rock back on right, recover to left, facing LOD  
7-8 Step right forward, hold  
9-10 Turn ½ right and step left back, turn ½ right and step right forward  
11-12 Step left forward, hold

### BEGIN AGAIN

Every effort has been made to make sure these dance sheets are accurate. Please let us know if there are any errors or omissions email: [jbwesterndance@aol.com](mailto:jbwesterndance@aol.com).